



An Update from ATP

New Research! How to Live Well for Longer

We are excited to launch new research that aims to find out what we can do to live a healthy and fulfilling life. The information collected will let us look at:

- how people adapt and cope with challenges
- the impact of social factors on length and quality of life
- how the process of ageing interacts and connects across generations.

We will invite you to complete a survey that looks at how early life experiences are connected to health and wellbeing in adult life. We will also invite both of your parents to take part.

The survey asks questions about your current life circumstances, overall health, wellbeing, and relationships. As part of this project, we will also reach out to your parents, linking our Australian Temperament Project (ATP) generations one and two!



The ATP Timeline

Survey years:

The ATP follows three generations of Australians. Our timeline below shows each year we have collected data since 1983!

1983



1984

1985

Data was collected every year from infancy to 3-4 years of age.

1986



1988

From the start of primary school data collection continued at two yearly intervals.

1990

1992

1994



1995

In 1994 our second generation began completing surveys about themselves.

1996

1998



2000

Our "Generation Three" Study has been recruiting babies born to our second generation participants since 2012.

2002

2006



2010

2012

Launching this year, our new study will help us understand ageing and how to support Australians to live well for longer.

2014



2024



Turning 40

The ATP celebrated it's 40th birthday!



We had a fantastic time celebrating this milestone with our participants, staff, students, and investigators at the end of last year. It was a treat to hear from Founding Investigators Frank Oberklaid and Ann Sanson about the humble beginnings of the ATP photocopying paper surveys to be sent in the mail. We also heard from our current Director Craig Olsson about some exciting new plans looking at healthy ageing across the lifespan. This new work will bring together all three generations.



We said farewell and thank you to Annette Hall, our Lead Interviewer, who had been with the study for almost 10 years. We also sent well wishes to Kate Stephens, our Project Manager, who is now on maternity leave. We welcomed Lisa Mundy who has joined the study as the Senior Program Lead.

We were pleased to see so many participants on the day and to have the opportunity to thank you for your enthusiasm and generosity over so many years. You make our research possible.

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Flashback to the year 2010

In 2010 we asked you about your relationships with the parent or step-parent you had the most contact with. This is what you told us.



3 in 4

of you said your relationship with your parent or step parent is important to you.



4 in 5

of you said you depend on your parent or step parent sometimes, often or always.

You are part of a unique study

The ATP is one of the longest running studies of its kind in Australia. We are one of only a few studies in the world following three generations of family members. The information we collect is important for informing research, policy and practice. It helps us to improve the health and wellbeing of future generations.

Your contribution is essential to the research. We cannot replace anyone because we follow the same people over time.

We will invite you, and both of your parents, to participate in our new survey. It's important that we have updated contact details for all of you. Please use the QR code to update your family contact details.

Scan the QR code to update your details

